

Leisure Card Partners

Macey Sports,
169 Caerleon Road, Newport NP19 7FX
Tel: 01633 259334

Your traditional sports shop. Cricket specialist and bowls stockist, school uniform, trophies and engraving. All your club needs. Purchases over £10 can get 10% discount (excluding school related items and sale stock).
Visit us at www.maceysports.fsnet.co.uk

Parc Golf Club,
Church Lane, Coedkernew, Newport NP10 8TU
Tel: 01633 681011

Situated in beautiful countryside near LG Factory, 3 minutes from J28 of the M4 9 and 18 Hole Courses, 36 Bay, fully automated driving range, excellent pro shop and tuition by 2 highly qualified Instructors. Offering 10% discount on green fees at all times.

Pockets Sports Bar,
63 Clarence Place, Newport NP19 7AB
Tel: 01633 253710

Newport's premier Sports Bar offering 8 snooker tables, 2 British pool tables, 5 competition dart boards, big screen and plasma screens. Full bar menu. From mid September 2006, we will have 6, 9 ball American pool tables fitted in our new Hustlers Pool Lounge. Leisure Card Holders get 50% discount on membership and 10% discount on snooker rates, Monday to Friday, 9.30am to 6pm.



Rocky's American Restaurant,
4 Baneswell Road, Newport NP20 4BP
Tel: 01633 265522

Excellent value for money American themed restaurant in city centre. Freshly prepared menu offering burgers, steaks, fish, enchilladas, etc. Childrens menu available. Leisure Card Holders get 5% discount.



Speed Music,
177 Upper Dock Street, Newport NP20 1DY
Tel: 01633 220390

Musical Instruments and Sound Systems, all in store at Internet matching prices. Leisure Card Holders get 10% discount on accessories and sheet music (excluding sale items).



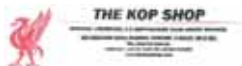
Supakart,
Units 10 & 11 Leeway Industrial Estate,
Newport NP19 4SL
Tel: 01633 280808

Awesome, 2 tier track including banked bend and new for 2006 outdoor section. All equipment provided, no experience required, individuals and groups catered for. Minimum height 4'10". 5% discount, Monday to Friday, 12 noon until 5pm, excludes Bank Holidays.



The Kop Shop,
100 Chepstow Road, Newport NP19 8EE
Tel: 01633 666636

Stockists of Official Liverpool F.C. Merchandise. We stock kits, training & Leisure wear plus a large stock of LFC gifts & souvenirs. We also run Official Coaches to all LFC Home Games. Offering 10% discount on Mondays & Tuesdays (excluding kit & souvenirs). Visit us at www.thekopshop.com



Riverfront Theatre,
Discounts available to Concession Leisure Card holders.

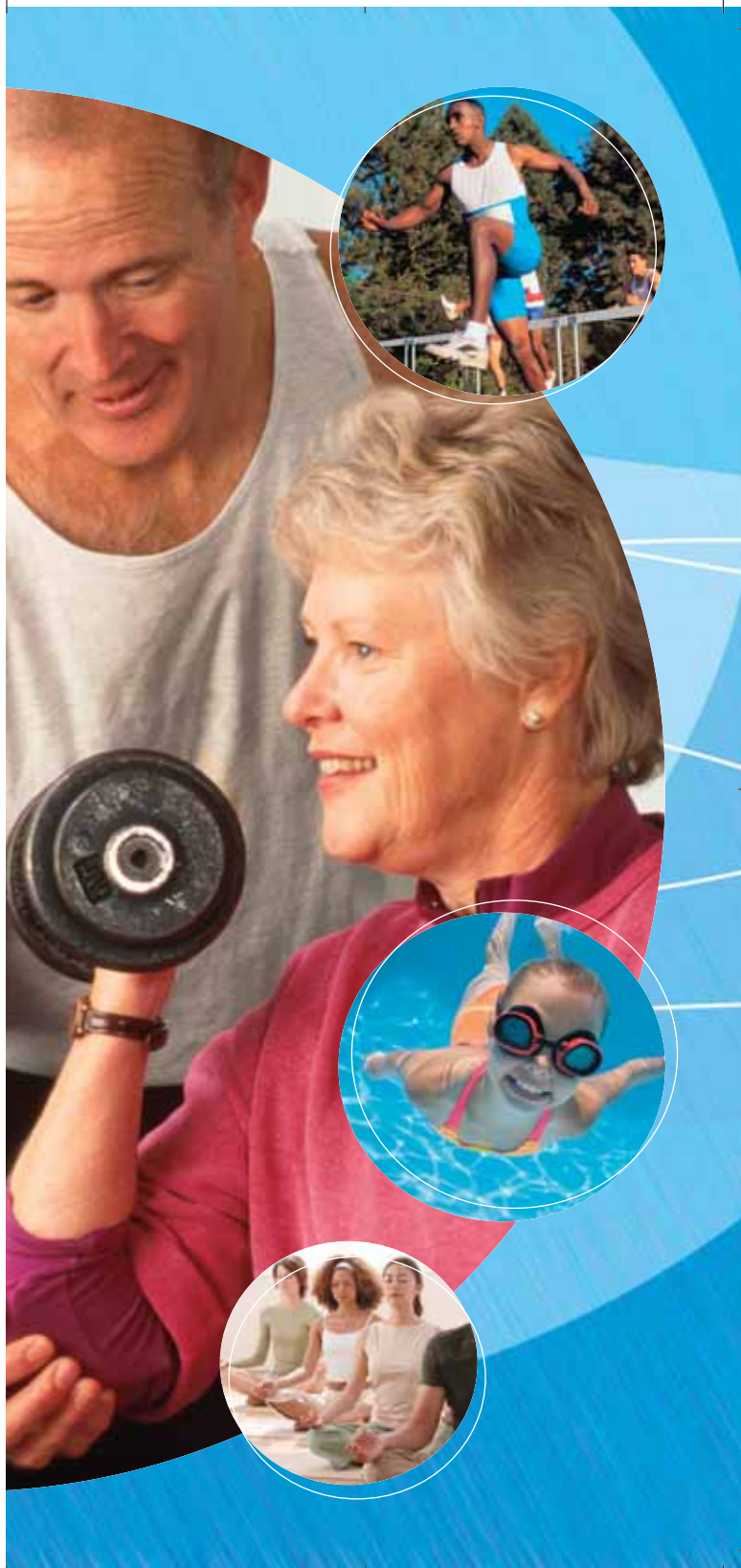


Lending Libraries,

With a concession card library customers can borrow spoken word items FREE for 3 weeks. The card also entitles them to half price weekly rental of DVDs, Videos, Music CDs and CD ROM.

Newport City Council Allotments,

We offer a 50% discount to any allotment tenant who produces a leisure card when paying their bill.



Leisure Facilities

Newport International Sports Village

Newport is proud to be the home of the Wales National Velodrome and the new South East Wales Regional Pool with its 25m swimming pool. It has a wide range of sporting facilities and conference rooms.

The complex also incorporates Newport Tennis Centre, Spytty Squash Complex and Newport Stadium. Together this sports village offers a feast of sporting activities including tennis using the floodlit outdoor courts or the 4 indoor performance courts, football, basketball, hockey or netball whilst the activity hall houses short tennis courts, cricket nets and table

tennis. There is a state of the art gym and classes to suit everyone including aerobics and circuit training.



Newport Centre

An excellent multi-purpose leisure centre on your doorstep. Get yourself fit in the Solutions Fitness Suite, simply unwind in the spa, steam room or sauna in the Health and Relaxation Suite. Or why not join in one of the many classes running throughout the week. The leisure pool is great fun for all the family. Newport Centre is not only the perfect place for leisure but also the ideal venue for events, exhibitions and conferences. It also offers function rooms for corporate hospitality and board meetings.

**Get yourself fit...
...Keep yourself fit!**

Leisure Card Partners

Additional discounts for Leisure Card Holders are available with the following businesses. Tell the Partner you are a Leisure Card holder when you book and show your Leisure Card to get the discount!

Barefoot Ceramics,
27 Charles Street, Newport NP20 1JT
Tel: 01633 262830 or 07832 262830

Paint your own pottery. Personalised gifts. Celebration signature plates. Baby hand and footprints. Children's parties, Hen Nights, Groups and Clubs. Leisure Card Holders get 10% discount off all pottery, Monday to Friday. Visit us at www.barefoot-ceramics.com. Have you gone Barefoot yet?



Beau Court Stud & Riding Stables,
Cwrt Y Mwnws Farm, Allt Yr Yn, Newport NP20 5EL
Tel: 01633 256644

Come horse riding at Beau Court. Anyone 4 years old or over is welcome. Join a group or treat yourself to a private lesson. Leisure Card Holders get 5% discount on Mondays and Fridays.

City Cinema,
66 Bridge Street, Newport NP20 4NY
Tel: 01633 224040

Excellent value Cinema with the largest screen in Wales. All the latest films at competitive prices, friendly environment, screen hire, kid's parties and kiosk all in the City Centre. Offering Concession prices to Leisure Card Holders on Saturdays and Sundays.



Diverse Music,
10 Charles Street, Newport NP20 1JU
Tel: 01633 259661

Newport's only independent record store, for a diverse range of musical genres, with friendly, approachable staff. If you're looking for something a little more unusual or contemporary, we'll find it for you! Leisure Card Holders get 10% discount on weekdays (excludes already discounted products).



G. Davies (Cameras) Ltd,
7 Charles Street, Newport NP20 1JU
Tel: 01633 262738

Cameras, Binoculars, Bags, Videos and friendly, helpful advice. Your local independent photographic specialists, serving Newport since 1964. 10% discount off all Lowepro camera cases and bags! 10% off all Fuji Memory Cards.

Gwent Cycles,
422 Chepstow Road, Newport NP19 8JH
Tel: 01633 283255

Conveniently located opposite Beechwood Park. We can supply bikes, accessories, servicing & repairs. Offering 10% discount on purchases of £10 or more (excludes Labour Cost). Watch out for Saturday Specials.

Inca Hair Design,
242 Stow Hill, Newport NP20 4HA
Tel: 01633 255055

Contemporary Hair and Beauty Salon with professional and friendly staff offering a wide range of treatments including Caci non-surgical facelift and Guinot Hydradermie Facials. Offering 10% discount on Cut and Blowdry's on Tuesdays and Wednesdays.

Inca Hair Design

Inspirations Spa Retreat,
103 Durham Road, Newport NP19 7DP
Tel: 01633 222186

Hair and Beauty Salon. We offer free Consultations, specialise in Precision Cutting, Colouring and Perming. Visit our Spa Retreat and enjoy a relaxing Beauty Treatment.

We also offer Pink Angel Makeover Parties for children including Pink Limousine. 15% discount on all Salon Services on Tuesdays.



Jeff Hemmerman Rehabilitation Clinic,
7 Caxton Place, Newport NP20 4BN
Miskin Manor Hotel, Pontyclun CF72 8FD
Tel: 01633 246821

*£5 reduction on Initial Consultation/Treatment (normally £30)
£5 reduction on Follow Up Treatments (normally £20)*



In addition to this there are TWO MORE types of REDUCED PRICE MEMBERSHIP

Are you...	Acceptable proof of eligibility
A Public Sector Employee Membership	Current payslip
A Corporate Membership	Current payslip and more than 5 employees from your organisation must be signed up continuously

Please note prices are subject to change, and cards need to be updated on an annual basis.

Your Leisure Card, Free Swim Card or Monthly Membership Card will also allow you to pre-book many activities up to 7 days in advance either by telephone, online or in person.

How it works

- Complete the application form
- Take the application form, proof of eligibility (if applicable) and payment if necessary to a leisure facility mentioned in this leaflet
- Your card will be processed and returned to you within 10 working days

Lliswerry Leisure Centre

A recreational centre that has you spoilt for sporting choice with facilities available for use during evenings, weekends and school holidays. The sports hall hosts an extensive array of activities including badminton, table tennis, short tennis, basketball, netball and roller hockey as well as providing a great venue for social events.

The extensive swimming programme in the centre's pool is designed to teach children from the age of 5 right up to personal survival honours standard. There are also many classes for adults, from beginners to confidence building classes and adult swimming sessions.



Bettws Leisure Centre

For great team sports book a game on one of the outdoor pitches or limber up on the floodlit artificial pitch. If you prefer a game indoors try one of the many activities available in the large multi-purpose Sports Hall. Children don't miss out either and get the chance to try their hand and improve their skills in sports including football and gymnastics.

You can take a dip in the 20m swimming pool or sign up for swimming lessons or life saving.

**Great Team Sports
Swimming Programmes**

Caerleon Golf Course

Caerleon Golf Course is a 9 hole par 3 course ideal for the beginner. The course is situated in the picturesque village of Caerleon overlooking the river. It provides an ideal opportunity for people to try the sport in beautiful relaxed surroundings. You do not have to be a member of the course you can pay when you play. The club have a professional on hand to give advice and tuition both for individuals and groups. They also have a thriving junior section where children as young as 4 years of age can come along every Saturday morning to learn to play golf.



Caerleon Golf Course are always looking to attract new players to the game of golf and with a leisure card you will have the opportunity to sample the sport at discounted rates...

...What are you waiting for!



Indoor Bowls

The centre is situated on the Glebelands Park, West Newport. Bowls is a thriving sport in the city and the centre has 8 indoor rinks which operate 52 weeks a year.

Tuition is available for the novice player. For the more accomplished bowler the facility operates leagues in both summer and winter seasons.

So if you are just starting out or an experienced bowler then Newport Indoor Bowls centre is the place for you. Situated just off Caerleon Road, Junction 25 M4.

Are you eligible for a **LEISURE CARD** or **MEMBERSHIP** at a reduced price?

Are you...	Acceptable proof of eligibility
In receipt of Housing Benefit	Housing benefit letter
In receipt of Incapacity Benefit	Incapacity Benefit letter
In receipt of Income Support	Income Support letter
Unemployed	Job Seekers Allowance letter
Aged 17 or over and in full time education	letter from school /college confirming full-time education
Age 60 or over	Pension book/Pension letter/Bus pass
Disabled	Disabled allowance book/letter of entitlement
A Newport City Council Employee	Current payslip for Newport City Council
A Member of an Employment Training Scheme	Letter from training organisation

What is best for you!

Will you use facilities regularly?

If so a **MONTHLY MEMBERSHIP** will suit you. For a small monthly charge you will have free use of most activities across Newport including Solutions Fitness Suites, public swimming, social tennis, aqua aerobics, Health and Fitness classes (including aerobics, legs, bums and tums), Pilates, yoga, circuit training, ladies conditioning, cross training and much much more!



Monthly Membership
Free Access to most activities!

Monthly Membership

Unlike many other leisure providers our memberships have **no tie in period** and have **no joining fee** and **no cancellation fee**.

You will be protected by the Direct Debit Guarantee with payment debited on the 25th of each month.

Customers who join on or before the 10th of the month, 1st Direct Debit will be requested that month.

Members also get discounts on many other activities ranging from badminton to Children's Parties.

Cost:

Concessions:	£17 per month
Corporate:	£25 per month
Public Sector Employee:	£23 per month
Adults:	£30 per month
Underwood only	£17 per month

Underwood Community Facility

Beat the stress of every day life and have fun at Underwood Community Facility. Whether your preferred way of keeping fit is a visit to the gym, taking part in 5-a-side soccer or playing a game of squash or badminton, there is sure to be something here for you.

There's plenty for the kids too with a weekly activity programme between 4pm & 6pm Monday to Friday.

Going for Gold!

Health Challenge Newport. For further information or a full brochure call 01633 656656 or visit the website: www.newport.gov.uk/g4g

Something for everyone



For further information on the range of activities and prices at all of the leisure facilities call the leisure line on 01633 656757

Don't forget you can book lots of activities online at www.newport.gov.uk/leisurebookings.



Solutions

Solutions Fitness Suites are well equipped gyms, with both cardiovascular and resistance equipment, staffed by highly qualified fitness professionals.

To use the facilities you will need an induction (free if you take out a monthly membership)



Qualified Fitness Professionals

Solutions Fitness Suites are available at the following times:

Newport International Sports Village

Monday - Friday 7.15am - 9.00pm
Saturday - Sunday 8.00am - 6.00pm

Newport Centre

Monday - Friday 7.15am - 10.00am
Saturday - Sunday 8.15am - 6.00pm

Underwood Community Facility

Monday - Friday 4.00pm - 9.00pm
Saturday 9.00am - 12.30pm
Sunday 2.00pm - 8.00pm

For general opening times of the leisure facilities and to book activities call 01633 656757

*whatever your needs...
...we've got the solution!*

What is best for you!

Will you use facilities occasionally?

If so a **LEISURE CARD** will suit you, for a small annual fee you will get big discounts on a variety of activities including swimming, badminton, squash, children's parties, Solutions Fitness Suite and much much more!

Are you under 17 or over 60?

Yes

You are entitled to a **FREE SWIM CARD** which allows you to swim for FREE at specified times and give you discounts on other Leisure Activities throughout the year.

Cost: Free
Funded by the
Welsh Assembly Government

No

A LEISURE CARD is best for you. This will give you discounts year round on most leisure activities in Newport.

Cost:
Adults **£8 per year**
Concessions **£5 per year**

Free Swim Cards - Great Discounts!

